

PHOENIX RECOVERY PROGRAMS

rising from the ashes



Welcome to Phoenix Recovery Programs

Phoenix Recovery Programs is a private, non-profit adolescent residential treatment facility providing services for substance abuse and mental health needs. Our lodging based programs are on average 90 days, but do also depend on progress made by clients. Our outpatient without lodging program is on average 12 weeks, but will also depend on progress made by clients.

Clients will participate in multiple group therapy sessions on a variety of topics weekly, as well as individual counseling with a Licensed Alcohol and Drug Counselor. At Phoenix, we place a large emphasis on family programming. Clients' families are required to participate in a weekly family education group as well as individual family sessions once every 1-2 weeks for one hour, and attend an Al-Anon meeting weekly.

Our clients in the lodging based programs will receive individual therapy with a licensed Mental Health Professional. Clients will also work towards completing their high school education at Phoenix Academy, our on-site recovery-based school.

Below you will find a checklist of information to be collected at intake. To assist in making sure this process runs smoothly, please bring the following with you on the date of admission:

- Insurance Card
- Completed Family Agreement Paperwork
- Completed Headway Documents
- Demographic Information, including client's social security number
- Address
- Phone number for one or both parents
- Emergency contact and phone number
- Other Professionals' Contact Information (name, phone, fax, address)
 - PO
 - Social worker
 - Case manager
 - Mental Health Providers
- Primary Care Provider contact information (name, phone, fax, address)
 - Dates of last physical, eye exam, and dental exam
 - List of current medications
- Previous School Information (phone, fax, address, dates of attendance, grade level, IEP)
- Availability for an hour-long family session once weekly

There will be a number of forms signed at intake including:

- Release for Phoenix for billing
- Releases for parents, emergency contact, previous treatment facilities, PO, mental health workers, case manager, Livio Health Group, etc.

If you have any questions or concerns about the intake process, please call us.

Admissions Team
2055 White Bear Avenue
Maplewood, MN 55109
Office: 651-209-0560
Direct Line: 651-289-1204
Fax: 651-282-0579