

PHOENIX RECOVERY PROGRAMS

rising from the ashes



Client: _____ Client #: _____ DOB: _____ Intake Date: _____ Date: _____

FAMILY PROGRAM

Addiction is a family disease. It affects all members physically, emotionally and spiritually. Family involvement is an essential part of the recovery process. Statistics have shown that treatment success rates increase with family involvement. With that being said, family participation is expected.

Family Program participation includes the following components:

- Attend client intake and monthly client progress meetings
- Weekly Phone calls from the client
- Regular communication with Phoenix Treatment Team regarding resident's progress in treatment
- Family Education Group every Friday at 4PM
- Attend family sessions as scheduled
- Attend 1 community based Al-Anon meeting weekly and provide verification

If problems arise that may interfere with participating in the Family Program, please speak to the resident's primary counselor about the possibility of creating an Alternate Family Program Plan.

I am aware that participation in Family Education Group and Individual Family Therapy are required for the resident to earn home passes.

Parent/Guardian: _____ Date: _____

Parent/Guardian: _____ Date: _____

Placement Agreement

While a resident at Phoenix Recovery Programs, there will be times that are emotionally difficult for residents. During these times, a resident may contact their parent(s) and request to leave the Phoenix Program. The resident may give a variety of reasons for leaving the program, but are typically at a point in their treatment where they are beginning to look inward and question their past behaviors. This can be a difficult process, and Phoenix works very hard with a resident to get them through those times. Eventually, a resident can come to a point where they want to change themselves, but they may not be able to make those changes if they are discharged from Phoenix before they are ready.

At any time during your child's treatment, you are considering discharging them from Phoenix, a meeting must be held with the Primary Counselor, Clinical Supervisor, other clinical staff, and any of the resident's caseworkers.

If staff is alerted by the resident that their parent is considering to remove them from the program, a meeting will be called.

By Signing below, you are stating you understand and will notify Phoenix Staff if you are considering removing your child before he/she has completed treatment, and you will take part in a meeting to discuss the reasons you feel a discharge from Phoenix will benefit your child.

Parent/Guardian: _____ Date: _____

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Family Program Expectations

1. Family phone calls are allowed three times per week for 10 minutes. Parents are urged to contact staff whenever they have a question or concern.
2. Visiting hours are from 2:00 pm to 4:00 pm in Maplewood and 1:00 pm to 4:00 pm in Mankato on Friday's. Visiting is limited to immediate family only. Extended family or friends are not allowed to visit, unless approved in advance by the clinical supervisor and concerned professionals.
3. Clients can earn 3 hours, 1 day, and 2 day passes as they progress through the program.
4. Bags and purses are not allowed inside the facility
5. Residents are not allowed to be in possession of a Parent/Guardian's cell phone at any time. If the phone is seen with a resident or the phone becomes disruptive, you will be asked to secure it in your vehicle or with a Phoenix staff while you are present.
6. Phoenix Recovery Programs reserves the right to request urine drug screens for any family members suspected of substance use or are under the influence. Failure to comply may result in being asked to leave the facility until such time you are willing to submit to testing. This is not meant to violate anyone's personal rights but to make sure that the safety and integrity of the program is maintained.
7. Family members are to limit gifts to clients to a maximum value of \$5.00. Residents are not allowed to be in possession of money while residing at Phoenix. No new items are allowed to be purchased or brought back from passes. This is to include food, snacks, pop, drinks, clothing, toiletries, drink mix etc. Any items that are brought back will be confiscated and returned back to client upon completion of the program. Clients may swap out clothes from home after working with treatment staff to plan for this.
8. All clients returning from pass will be searched prior to being allowed to enter the facility. All clients are subject to random searches at any other time as well.
9. Once returning back to the facility, clients are not allowed to loiter in the parking lot or in parked cars with the family. They should remain in the office at all times.
10. Mankato and Maplewood family groups begin at 4PM on Friday. Individual family sessions will be scheduled by the counselor.
11. **Expectations while on pass include:** no contact with old friends or significant others. No internet use or access to social media. Clients must be under continuous supervision by parent and must go to at least one recovery meeting on overnight pass - two if on a 48-hour pass. No Substance use is allowed by clients or family while on pass. It is expected that family remove substances from the home prior to passes.

By my signature below, I acknowledge and accept the terms and conditions stated above.

Client: _____ Date: _____

Parent/Guardian: _____ Date: _____

Witness: _____ Date: _____