

PHOENIX RECOVERY PROGRAMS

rising from the ashes



Dear Parents/Guardians and Family Members,

This letter is to introduce you to Phoenix Recovery Programs (PRP) and our family program. We believe that families are the most important source of support for our clients, and can increase their success in our program by up to 50%. In saying that, you the parent/guardian, and other family members are very important to the success of your son, who is expected and required to accomplish many tasks to graduate from PRP. You too may be expected, and in some cases, required, to accomplish tasks as well, so that your son or daughter can earn privileges and successfully complete our program. All parents and/or guardians are expected to participate in the following for your child to be eligible for a pass:

- Attend the weekly Family Group at 4:00pm on Fridays at the Treatment Center
- Attend weekly Al-Anon meetings – bring a signed slip
- Attend, at minimum, biweekly Family Session with the counselors
- Submit a UDS (urine drug screen) sample prior to the first pass and whenever asked thereafter

Other family members are encouraged to attend family programming on Fridays. Participation will allow us to work jointly with you, your child and the rest of your family to identify and tackle issues and problems that occurred during your child's active addiction. We understand the stress and hardship that accompanies having a loved one who is actively using. All of the staff at Phoenix Recovery Programs have either personal and/or professional experience with addiction and mental health...we are here to help in any way we can. Please let any concerns be known to PRP clinical staff so we can better determine solutions to those issues and problems that were or are continuing to happen in the household. Those concerns and others will be discussed within individual family sessions to be done 2-4 times a month. We do understand that you may have other responsibilities such as employment, education, transportation, etc., which may interfere with participation in our family programming, so please make any concerns known so we can work with your schedule. An FMLA leave may be an option if your work schedule is an obstacle for you-please contact your employer for details. If a letter of necessity is required by your employer in the FMLA approval process, we can provide that to you.

We also understand that you are an adult, and are able to make your own decisions, but our top priority at Phoenix Recovery Programs is client safety while in our care and on pass. It is our opinion at PRP that if a client is working to maintain sobriety, then the household where the client is going back to should be free of any drugs or alcohol. Therefore, whenever a client is transported by a parent/guardian or other family member, it is required for that person to be sober. We have learned that parents, guardians, or other family members may be struggling with their own substance abuse issues. For this reason, with our client's safety in mind, the parent/guardian or other family member designated to transport, may be asked to submit at least one UDS sample before taking the client out of the building on a pass. If you have any questions about this process please feel free to ask.

We do appreciate your commitment to your son and your family and we are here to support you in this pursuit. Please feel free to contact our program director, or any of our staff with any questions or concerns. Thank you.

Sincerely,

The Phoenix Recovery Programs Team

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